

"A safe and blissful  
retired life . . .  
moving to second phase."

- Babu Joseph  
(Senior Media Personality)

*Bless*  
RETIREMENT LIVING

Chembarakky, South Vazhakkulam  
Aluva 683 105

Exclusively for senior citizens





## A new age retirement community comes of age

Within the past several decades India has witnessed a dramatic shift from the traditional joint family system to that of nuclear families. Globalization, increased family income and access to the media have all contributed towards this major societal change. It has destabilized the joint family systems of yesterday and nuclear families have emerged as the norm of today. Elderly citizens often move into retirement facilities which provide an alternate option with potential advantages. Retirement villages are becoming more and more indispensable as they focus on catering to the comfort levels of the aging population. However, as the need and affordability of seniors have increased, there is a severe scarcity of retirement communities that parallel their expectations and desires. This is where Bless Retirement Living steps in.







## Advantages of living in a retirement community

**B**less Retirement Living offers a unique blend of a private home and community living. It eliminates responsibilities associated with home ownership and maintenance; diminishes concerns of physical safety and a sense of isolation or loneliness. Residents with common interests are able to develop a sense of community which enhances the quality of life.

Residents at our retirement facility are provided with a geriatric-friendly environment which allows them to live with a sense of independence. They are able to maintain the everyday routine they are accustomed to as long as they are physically capable of doing so.

The interiors are thoughtfully designed with handrails and other adaptable features to enable the residents to move around with ease. In fact, the apartments are designed in such a way that even someone who is wheelchair bound can perform his or her daily chores if they wish to.

All residents are assured that when age impacts their physical functioning and self-reliance dwindles they can continue to live in the surroundings they are familiar with, enjoy the company of their friends and continue to engage in meaningful activities. When necessary their increasing needs are met by well-trained staff who provide them with adequate care.







A location  
like no other

Bless Retirement Living is located in a serene, peaceful ambience at South Vazhakulam near Aluva. Surrounded by a canopy of greenery, the place is deeply evocative of a heavenly resort where residents can enjoy beautiful sunrises and picturesque sunsets. Its strategic location gives easy access to the amenities of the city and yet affords a great deal of peace and privacy.







## Elder friendly interiors

- The living room is designed to allow ease of movement for those bound to a wheelchair.
- All furniture is slightly raised from the floor to avoid the stubbing of toes and edges of the furniture are rounded to avoid accidents and injury.
- Hand rails are provided in the passage from the living room to the bedroom for easier movement.
- Walk-in closets are installed with sliding doors to ensure privacy.
- Sliding bathroom door provides ease of access to those in a wheelchair.
- Handrails run on all the walls of the bathroom and provide ease of movement.
- Wash basin, shower are located in such a way that wheelchair movement is easy.
- Wash basin (sink) is fixed in such a way that a wheelchair can slide under the counter with ample clearance.
- TV unit is placed right across the bed making it easy to view and even make video calls.
- All handles, counters and cabinets have rounded edges for extra safety.
- Lighting fixtures provide diffused lighting to avoid glare and shadows.
- Wooden flooring is resilient and offers a softer surface to prevent severe injury.
- Vertical garden creates green pockets in each home.





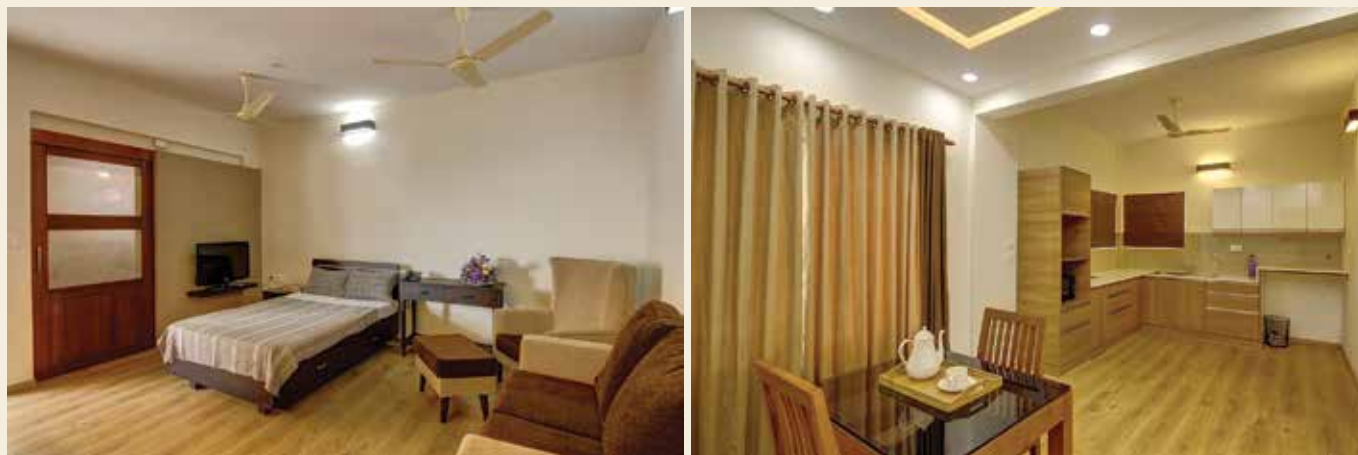


The perfect balance  
of private space and  
communal living

**B**less Retirement Living gives you the option of choosing between a studio, one bedroom and two bedroom apartment. The apartments are fully furnished but can be customized according to your personal taste as well.

Life at Bless Retirement living comes with other benefits including a landscaped yard and walking trails. An organic vegetable farm, fruit trees and flowering shrubs add to the beauty of the property. Meals are prepared using fresh ingredients and are served in the common dining hall. Every effort is made to meet dietary requirements of residents when necessary. We also offer a common area complete with a library and meditation room. Residents are encouraged to engage in activities and hobbies they enjoy and every effort is made from the side of the management to enable them.

Bless Retirement Living offers multiple opportunities, in a serene tropical setting, to enhance the quality of your life during the golden years. So what are you waiting for?







Distance from Bless Retirement Living:

Rajagiri Hospital : 3 Kms

Perumbavoor Town : 8 Kms

Aluva Town : 10 Kms

Kochi International Airport : 12 Kms

Chembarakky Jn. to Bless Retirement Living: 1.2 Kms



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*Live a blissful retired life*